BTL EMSELLA® PATIENT FACT SHEET

SAY NO TO INCONTINENCE

BTL EMSELLA is a great option for people of any age who desire a non-invasive solution for pelvic floor strength, urinary incontinence and improvement in their quality of life. Due to factors such as the body's normal aging, childbirth or menopause, the pelvic floor muscles decondition and insufficiently support the pelvic organs. These factors directly correlate with urinary incontinence.

HOW DOES BTL EMSELLA WORK?

BTL EMSELLA uses electromagnetic energy to cause deep pelvic floor muscle stimulation without getting undressed! A single BTL EMSELLA session brings thousands of Kegel-like contractions which help you train your muscles without any effort. Scientific research shows that 95% of treated patients have reported significant improvement in their quality of life.**

The Emsella is designed to strengthen your pelvic floor muscles. Good pelvic floor strength can help with

- Improved bladder and bowel control
- Frequent urination and urgency
- · Leaking when coughing or sneezing
- Frequent uncontrolled flatulence
- Reduced risk of prolapse
- Improved recovery from childbirth, prostate or gynaecological surgery
- Improved sexual function, sensation and orgasmic potential
- Increased confidence and quality of life
- Back muscle strength

BENEFITS OF BTL EMSELLA

- A non-invasive procedure with no recovery time.
- Remain fully clothed during treatment.
- Restores bladder and pelvic muscle control without time-consuming exercises.
- A comfortable procedure that lets you relax during the 28-minute treatment.
- You may observe improvement after a single session. Results will typically continue improving over the next few weeks.
- Results after about six sessions, scheduled once to twice a week over 4-6 weeks.
- Patients have reported a significant incontinent pad reduction.**

ARE YOU THE RIGHT CANDIDATE FOR BTL EMSELLA?

According to NAFC*, over 200 million people worldwide are affected by incontinence. Are you one of them?

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| 1. | Do you leak urine when you cough, sneeze or engage in sports activities? |
| 2. | Do you need to go to the bathroom often? |
| 3. | Have you refrained from intimate life in the last months out of fear of insecurity? |
| If you answered " yes ", you are probably suffering from urinary incontinence. BTL EMSELLA is the first device of its kind and is TGA and FDA-cleared for treating urinary incontinence in women. | |
| Some people have a pelvic floor that is too tight and unable to relax, they may experience • Constipation, painful sex, urgency and pelvic pain These symptoms may need a different set of exercises to help | |

^{*}National Association For Continence